

Operation Purple[®] AT HOME •••• Activity Nine ••••

FAMILY GALLERY MUSEUM

Time: 30 minutes | Participants: The whole family; Kindergarten and up

This reflection activity provides an opportunity for families to think about positive memories together by using their creative art skills to draw their favorite memories

FAMILY MISSION VALUES

Empowerment, Pride + Service and Communication

WHAT YOU'LL NEED

- · Paper
- · Crayons, markers, colored pencils
- · Paint and paintbrushes (optional)

INSTRUCTIONS

1. Gather + Reflect.

As a family, talk about what it means to reflect on past experiences. Pick a time that you all remember and discuss things that your senses pick up: Where were you? What did it sound like? Do you remember specific smells? Was it hot or cold? Did you laugh, cry, or remember another emotion? What people were there?

2. Remember + Create.

After you talk about a memory together, each family member will reflect and remember a different memory—this time, keep the memory to yourself and instead, use the materials to draw this memory. Use all the senses you used when you talked as a family to help you think of ways to draw the memory in your mind.

3. Decorate, Dress Up + Discuss.

Once everyone has drawn their artwork memory, assign each person a room in the house where they can display their artwork—just like in a fancy museum! Speaking of fancy, try getting dressed up in a fun or special outfit and pretend your family is going out to the museum to see each piece of artwork you created! When you get to the room where your artwork is, take a few minutes to tell your family about the memory you drew.

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Share all the sensory things you remember about that memory and discuss as a family what other things made that memory so awesome! Take turns going to each room of the 'museum' looking at the artwork and hearing about the memory behind it.

TIP: Make the activity more special by turning on special music or having refreshments in between 'museum' rooms. Don't forget your camera to record each person's story time and take photos of all the artwork to send to loved ones who can't visit your museum in person.

Mission Accomplished!

WRAP UP

Sit down with your family in a circle or at a table and chat about the activity experience using these questions! Take turns reading a question and listen to each person's response.

- · What was your favorite part of the Photo Gallery activity?
- · What do all the memories from the art gallery have in common?
- $\cdot\,$ What kind of things do you do as a family that make you the happiest?
- · What new memories do you want to create as a family in the coming weeks or months?