



# Operation Purple® AT HOME

## ... Activity Five ...

### ROCK + ROLL

**Time: 60 minutes | Participants: The whole family**

Spend time together taking a family walk in your local park or neighborhood. Look around for rocks that you can decorate at home. Have fun, create memories together, and share encouragement with others.

#### FAMILY MISSION VALUES

Stewardship and Pride + Service

#### WHAT YOU'LL NEED

- A reusable bag to hold the rocks you find
- Paint and paint brushes (or spray paint—with adult supervision)
- Markers, crayons, stickers
- Rocks

#### INSTRUCTIONS

**1. Take a walk together as a family.**

This can be in your neighborhood, nearby trail, or a new park you've never been to.

**2. Look for rocks and take them home with you.**

Look for rocks that are smooth and flat, or easy to write on. Small, medium, or large rocks are great. Be sure to be respectful of nature and take rocks that do not appear to be a home for any animal or creature. Put any rocks you find into your reusable bag. Each family member should have at least one or two rocks of their own.

**3. Paint or color your rocks.**

Use paints or markers to color one side of each rock. Once it's dry, write encouraging words or pictures on your rocks. Get creative and use your family's military branch, your first name, your city's name, your favorite sports team, favorite saying, or animal!

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## 4. Spread JOY!

Use the decorated rocks as a showpiece inside and outside of your home or share them with friends and family.

**TIP:** See if your town has a rock-painting initiative (example: *#JacksonvilleRocks*) and participate by putting the rocks in unique places around town, like outside your favorite restaurant, on the sidewalk by your school, or near a place where lots of people might see it.

### ***Mission Accomplished!***

## WRAP UP

*Sit down with your family in a circle or at a table and chat about the activity experience using these questions! Take turns reading a question and listen to each person's response.*

- Did the whole family take a walk together?
- Is this the first time your whole family did an art project together?
- Did you learn anything new about yourself and your family during the walk or while doing the project?
- Do you feel this project helped create a closer family bond?