



# OPERATION PURPLE®

A Program of the  
National Military  
Family Association

## Operation Purple Family Programs Sample Welcome Packet

Welcome!

Greetings from the National Military Family Association! Thank you for enrolling in an Operation Purple® family program. This packet is designed to answer many questions about the program and help prepare for your trip. Please read through the enclosed information carefully. Do not hesitate to call or email if you need clarifications or have additional questions.

Sincerely,

**National Military Family Association**

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[www.MilitaryFamily.org](http://www.MilitaryFamily.org)

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**Enclosed you will also find information on the following topics:**

- Getting to Camp
- Recommended packing list
- Program details & schedule
- Camp map

## Sample Weekend Schedule

You will receive a finalized schedule during check-in. All activities are subject to change.

Friday	
4 – 5	Check-in
4– 5	Unpack and explore <i>Swimming, Kayaking, Archery, Arts and Crafts</i>
5:30	Orientation/Icebreakers Games and Flag Lowering
<b>6:00</b>	<b>Dinner</b>
7:00 - 8	Evening Activity
9:00	Quiet Hours

Saturday							
7:45	Flag Raising & Announcements						
<b>8:00</b>	<b>Breakfast</b>						
9:15 – 12	Kids Club ( <i>Ages 0 – 4</i> )						
9:30 – 12	Boating	Rifles	Swim	Archery	Crafts	Fishing	Team Building @10:30
10:30 -12 American Red Cross (Group A)	Communication Workshop <i>Parents</i>	Operation 10-4 Workshop Ages 12 – 17	Operation 10-4 Workshop Ages 8 - 11	MFLC Workshop Ages 5 - 7			
<b>12:30</b>	<b>Lunch</b>						
1:30 – 5:00	Kids Club ( <i>Ages 0 – 4</i> )						
1:45 – 3:15 American Red Cross (Group B)	Communication Workshop <i>Parents</i>	Operation 10-4 Workshop Ages 12 – 17	Operation 10-4 Workshop Ages 8 – 11	MFLC Workshop Ages 5 – 7			
2:00 – 5:00	Boating	Rifles	Swim	Archery	Crafts	Fishing	Team Building @3:30
5:45	Flag Lowering						
<b>6:00</b>	<b>Dinner</b>						
7:00 – 8	Evening Activity						
9:00	Quiet Hours						

Sunday							
7:45	Flag Raising & Announcements						
<b>8:00</b>	<b>Breakfast</b>						
9: 15 – 11:45	<i>EDU Office Hours</i>	Rifles	Boating & Swim	Archery	Crafts	Fishing	Team Building @9:15 AM
12:00	<b>Lunch</b>						
1:30	Depart Camp! ☺						

## **Activity Descriptions**

- **Archery** – Instruction provided on correct technique, parts of the bow and arrow and safety procedures.
- **American Red Cross (ARC)** – ARC Reconnection Workshops are small group facilitated sessions that have been uniquely designed for Operation Purple programs. These sessions enhance the likelihood of positive reconnections between family members and the successful reintegration of service members into civilian life. Actively licensed and specially trained Red Cross mental health professionals will facilitate 60 – 90 minute separate sessions for youth and adults. Half of families will attend a morning session. Another half will attend an afternoon session.
- **Boating** – Explore the James River in either a canoe or kayak.
- **Crafts** – Go back to the basics with traditional camp craft activities such as friendship bracelets and more!
- **Evening Activity** – TBD camp provided activity for Friday and Saturday night.
- **Free Time Activities** – Throughout the weekend you may use the basketball court, explore the trails.
- **Kids Club** – Drop off your campers for fun with early child care provider. The kids club are for children between the ages of 0 to 4 years old.
- **Rifles** – Get some shots in at the air rifle range.
- **Swim** – Jump into the pool and cool off! PFDs are available for beginning swimmers.
- **Team Building Games**- Designed to help families develop effective communication skills, team co-ordination & problem solving skills!
- **Fishing** – Can you catch the biggest fish on the James River? Fishing poles and bait are provided.

**Please wear sunscreen at all outside activities & carry plenty of water!**

All activities are subject to change

# **SAMPLE PACKING LIST**

## **PLEASE BRING:**

**Bedding:** sleeping bag (or sheets and blankets for twin bed) and pillow

### **Clothes:**

Long pants  
Long sleeve shirt or Sweatshirt  
Underwear and socks  
Short Sleeve Shirts/Shorts  
Pajamas  
Sturdy, closed-toe shoes (sneakers)  
Hat with visor and/or sunscreen  
Jeans/long pants for chilly evenings  
Lightweight jacket or windbreaker  
Flip Flops or Water Shoes

### **Toiletries:**

Bath towel and washcloth  
Soap, shampoo, comb and brush  
Toothpaste and toothbrush  
Shower shoes  
Shower caddy  
Beach Towel for Pool or Waterfront

### **Incidentals:**

Flashlight (check batteries!)  
Raincoat or poncho!  
Sunscreen  
Water bottle  
Day pack or tote bag

### **OPTIONAL:**

Camping/tailgating chair

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# Sample Camp Map

